

Florida Swimming mandates that all persons follow COVID guidelines as required by facility and local protocols including but not limited to mask and social distancing policies. Please follow host meet letter guidelines.

Florida Swimming will not be responsible for enforcing facility protocols however participation in the meet must adhere to facility guidelines.

2021 Last Splash Invitational July 28-31, 2021

Hosted by the Rosen Aquatic & Fitness Center

- Sanctioned By: Florida Swimming of USA Swimming Sanction # **FL-5657-1**
"In granting this sanction it is understood and agreed that USA Swimming and Florida Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event."
- Conditions of Sanction:
- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
 - The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
 - Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and prohibited.
 - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA-S Vice President of Program Operations.
 - All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- COVID-19
- An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND FLORIDA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

Hosted By: Rosen Aquatic & Fitness Center

Location: 8422 International Drive
Orlando, FL 32819

Type of Meet: 50m Long Course
14 & Under: Prelims & Finals (top 16 qualifiers return for Finals)
15 & Over: Prelims & Finals (top 24 qualifiers return for Finals)
200 Relays: Prelims & Finals (top 16 qualifiers return for Finals)
400 Relays: Timed Finals (top 16 seeded swim in Finals)
800 Relay: Timed Finals (top 8 seeded swim in Finals)

Date & Time: Wednesday, Thursday, Friday & Saturday, July 28-32
All Ages PRELIMS: Warm Up – 7:00am / Meet Start – 9:00am
All Ages FINALS: Warm Up – 4:00pm / Meet Start – 5:30pm

Spectator Access: Adopted by USA-Swimming, Florida Swimming and the Rosen Aquatic & Fitness Center, MAAPP (Minor Athlete Abuse Prevention Policy) requires policies and standards to be used by athletes, adults, teams and facilities that are involved in the sport of swimming. These changes are mandated by USA-Swimming and the U.S. Center for Safe Sport and is a condition of the sanction of this meet.

Facilities with multiple restrooms/locker rooms must designate ONE set of restrooms/locker rooms for athletes under the age of 18 and a SEPARATE restroom/locker room for all meet attendees 18 and older. This meet will operate with a closed pool deck per USA Swimming and Safe Sport guidelines. This means only swimmers, coaches, officials and assigned meet volunteers will be allowed inside the designated competition course for any given session. This rule is in place for both the safety of our swimmers and the efficiency of our meet operations.

Pool Specifications: 50 meter, 8 lane competition pool with non-turbulent lane lines. Water depth in the competition pool is 7 feet minimum at start and turn.

Timing Equipment: Full Video Display Scoreboard & Colorado Automatic Timing Equipment

Warm-Up: Two (2) hours warm-up prior to each PRELIMS session
One (1) hour thirty (30) minutes warm-up prior to each FINALS session

Eligibility: All current USA Swimming athletes who have achieved the qualifying times, (2021-2024 National Age Group Motivational 'A' Times as listed on the event list), may participate in this meet. There are no qualifying times for the 50's of stroke or relays and all swimmers entered in the meet with at least one (1) qualifying time may enter those events. Bonus events are also available as follows:

- One (1) qualifying time = Three (3) additional bonus events
- Two (2) qualifying times = Four (4) additional bonus events
- Three (3) qualifying times = Five (5) additional bonus events

On deck registration with USA/Florida Swimming will not be allowed.

Disability
Swimming:

Florida Swimming encourages the participation of USA Swimming members with disabilities in this meet. The swimmer's disability must meet the definition of a disability as outlined in USA-Swimming Rules and Regulations: "A permanent physical or mental impairment that substantially limits one or more major life activities." Swimmers with disabilities may compete, earn awards, and score points for their team in the same manner as able-bodied swimmers. Such swimmers need not have achieved any qualifying times for this meet.

The coach or athletes are responsible for notifying the Referee of any accommodations that are required in accordance with USA-Swimming Rule 105.4.

Any athlete with a disability will be accommodated to the best of meet management's ability. Please contact the Meet Referee at least two weeks prior to the start of the event to allow for preparation.

Entry Limit: Total of eight (8) individual events for the meet, but no more than three (3) per day, plus relays. Teams may enter an unlimited number of relays per event.

Positive Check-In:	EVENTS #		
	1-2	Women's 800 Free	9:30a Wednesday, July 28
	3-4	Men's 1500 Freestyle	9:30a Wednesday, July 28
	21-22	400 Free Relay	9:30a Wednesday, July 28
	23-24	200 Free Relay	5:30p Wednesday, July 28
	33-36	400 Free	9:30a Thursday, July 29

37-38	400 Medley Relay	9:30a Thursday, July 29
51-54	400 IM	9:30a Friday, July 30
55-56	800 Free Relay	9:30a Friday, July 30
57-58	Women's 1500 Free	9:30a Saturday, July 31
59-60	Men's 800 Free	9:30a Saturday, July 31
77-78	200 Medley Relay	9:30a Saturday, July 31

Fines: Late entries will not be accepted.

Scratch Penalty: Preliminary and Timed Final events:

No penalty for scratching on the blocks in prelims with the exception of individual positive check-in deck seeded events. Swimmers entered and checked in for a deck seeded event must swim that event unless he/she notifies the Admin Ref, before seeding begins, that he/she wishes to scratch that event. Failure to do so will result in the swimmer being barred from his/her next individual event on that day or the next, whichever is first. Deck seeded events shall be closed for seeding as listed on the order of events.

1. Any swimmer who competes in a preliminary heat and qualifies among the top 24 places for 14 & Under and the top 32 places in 15 & Over events must swim in that final's event; or must notify the Admin Ref that he/she intends to scratch from that final's event within 30 minutes of the announcement of the qualifiers.
2. Swimmers must confirm their intention to scratch finals within 30 minutes of the conclusion of the preliminary session for that day or else they will be seeded into finals.
3. Any swimmer in a championship or consolation final who fails to swim that event will be barred from their next individual event, excluding finals and relays, in which he/she is entered unless excused by the meet referee due to one of the exceptions below.
4. A swimmer not originally qualified for the championship or consolation final that is seeded into a final due to a scratch of another swimmer will not be penalized for failing to swim in that final.

No penalty shall apply for failure to withdraw or compete in an individual event if:

1. The referee is notified in the event of illness or injury and accepts the proof thereof.
2. It is determined by the referee that failure to compete is caused by circumstances beyond the control of the swimmer.

There will be a virtual scratch process set up for this meet and details will be distributed after entries have been received.

Entry Fees: \$6.10 per individual event
\$8.00 per relay
\$20.00 facility fee per swimmer
\$2.00 per out of state swimmer

Checks Payable To: Rosen Aquatic & Fitness Center
8422 International Drive Orlando, FL 32819

Entries: Entries must be in USA Swimming SDIF format or Hy-Tek CL2 format. Entries and entry questions should be emailed directly to mike.brady@rosenhotels.com prior to the entry deadline.

Entry Deadline: Tuesday, July 20th at NOON

Seeding: Non-conforming times will be seeded after long course meter times. Bonus events will be seeded after conforming and non-conforming times. Seeding is as follows:

1. Long Course Meters
2. Short Course Meters
3. Short Course Yards

All events will be seeded and swum in the preliminaries slowest to fastest, unless otherwise noted in this meet letter.

All evening Finals events will be swum bonus (C) followed by consolation (B) followed by championship heat (A).

Officials: Meet Referee: Bob Griffiths
Admin Referee: Quinn Sampson
Starter: Stephen Plapp
Stroke & Turn: Dr. Rick Sheridan
Head Marshall: Mike Miller
Meet Manager: Mike Brady

Scoring: Sixteen (16) places will be scored for 14 & Under individual events and twenty-four (24) places will be scored for 15 & Over individual events.

14 & Under:
32-28-27-26-25-24-23-22-20-17-16-15-14-13-12-11

15 & Over:
32-28-27-26-25-24-23-22-20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

For relays, scoring will be double the individual scores above but only two (2) relays per team may score points.

Awards: Individual: Medals 1st-3rd & Ribbons 4th-16th in each event
Relay: Medals 1st-3rd & Ribbons 4th-8th in each event
Team: Special award for overall high point and runner up
Individual: Trophy for high point in each age group and gender

Team Rep: Prior to the start of the meet, the name of one person other than the coach, who will check with the referee about any matter pertaining to the meet, may be given to the referee. This person must be a current member of USA Swimming to represent the team. For each team, the coach and that person only will be recognized.

Identification: Coaches and Officials shall always wear their 2021 USA Swimming registration card in a conspicuous location during the swim meet or show current 2021 USA-S coach membership on Deck Pass. USA Swimming Insurance Safety Regulations require the swimming pool deck, during the operation of Florida Swimming, Inc. sanctioned meets, be closed to all persons except swimmers, coaches, marshals, officials and meet personnel. Credential tags must be presented to enter the pool deck area. Deck changing is prohibited.

Camera Zones: Per Florida Swimming Rule 223.13, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include but are not limited to the side courses of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start-end." Etc. Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, rest rooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.

Rules: Current USA Swimming Technical Rules will govern the meet.

Events:

WEDNESDAY, JULY 28

Prelims: Warm up @ 7:00 am --- Meet Start @ 9:00 am

Finals: Warm up @ 4:00 pm --- Meet Start @ 5:30 pm

Women	SCY	LCM	Event	LCM	SCY	Men
			800 Free*			
1	12:01.69	10:47.99	14 & Under Time Standard	-	-	
2	11:50.79	10:35.39	15 & Over Time Standard	-	-	
			1500 Free*			
	-	-	14 & Under Time Standard	19:48.39	19:07.59	3
	-	-	15 & Over Time Standard	18:59.09	18:30.39	4
			50 Breast			
5	NA	NA	14 & Under Time Standard	NA	NA	6
7	NA	NA	15 & Over Time Standard	NA	NA	8
			200 Fly			
9	2:24.89	2:45.49	14 & Under Time Standard	2:35.09	2:15.59	10
11	2:21.69	2:40.59	15 & Over Time Standard	2:27.69	2:09.69	12
			50 Free			
13	27.89	31.79	14 & Under Time Standard	29.49	25.69	14
15	27.19	31.19	15 & Over Time Standard	27.89	24.39	16
			100 Back			
17	1:05.69	1:17.09	14 & Under Time Standard	1:11.89	1:01.29	18
19	1:03.99	1:14.89	15 & Over Time Standard	1:08.69	58.39	20
			400 Free Relay**			
21	NA	NA	Open	NA	NA	22
			10 MINUTE BREAK			

These events will be timed final with the top 8 seeds swimming in the evening finals session, and all other swimmers competing fastest to slowest alternating gender during the morning preliminary session **after the relays. Positive check-in is required.*

***These events will be timed final with the top 16 seeds swimming in the evening finals session, with all other relays competing slowest to fastest during the morning preliminary session. Positive check-in is required.*

THURSDAY, JULY 29

Prelims: Warm up @ 7:00 am --- Meet Start @ 9:00 am

Finals: Warm up @ 4:00 pm --- Meet Start @ 5:30 pm

Women	SCY	LCM	Event	LCM	SCY	Men
			200 Free Relay*			
23	NA	NA	Open	NA	NA	24
			10 MINUTE BREAK			
			50 Back			
25	NA	NA	14 & Under Time Standard	NA	NA	26
27	NA	NA	15 & Over Time Standard	NA	NA	28

			200 Breast			
29	2:43.69	3:08.29	14 & Under Time Standard	2:56.09	2:31.39	30
31	2:39.49	3:05.09	15 & Over Time Standard	2:47.49	2:24.19	32
			400 Free*			
33	5:49.59	5:14.39	14 & Under Time Standard	4:59.19	5:31.39	34
35	5:43.39	5:07.29	15 & Over Time Standard	4:46.09	5:17.69	36
			400 Medley Relay**			
37	NA	NA	Open	NA	NA	38

**These events will be prelim/finals. Positive check-in is required.*

***These events will be timed final with the top 16 seeds swimming in the evening finals session, with all other relays competing slowest to fastest during the morning preliminary session. Positive check-in is required.*

FRIDAY, JULY 30

Prelims: Warm up @ 7:00 am --- Meet Start @ 9:00 am

Finals: Warm up @ 4:00 pm --- Meet Start @ 5:30 pm

Women	SCY	LCM	Event	LCM	SCY	Men
			200 Free			
39	2:10.39	2:29.39	14 & Under Time Standard	2:20.59	2:02.59	40
41	2:08.09	2:26.19	15 & Over Time Standard	2:14.89	1:56.99	42
			100 Breast			
43	1:15.39	1:27.49	14 & Under Time Standard	1:21.29	1:09.69	44
45	1:13.59	1:25.29	15 & Over Time Standard	1:16.99	1:05.59	46
			100 Fly			
47	1:05.49	1:14.29	14 & Under Time Standard	1:09.69	1:00.99	48
49	1:03.99	1:13.19	15 & Over Time Standard	1:06.29	57.89	50
			400 IM*			
51	5:11.69	5:56.19	14 & Under Time Standard	5:36.59	4:52.69	52
53	5:04.99	5:49.69	15 & Over Time Standard	5:20.59	4:40.29	54
			800 Free Relay**			
55	NA	NA	Open	NA	NA	56

**These events will be prelim/finals. Positive check-in is required.*

***These events will be timed final with the top 16 seeds swimming in the evening finals session, with all other relays competing slowest to fastest during the morning preliminary session. Positive check-in is required.*

SATURDAY, JULY 31

Prelims: Warm up @ 7:00 am --- Meet Start @ 9:00 am

Finals: Warm up @ 4:00 pm --- Meet Start @ 5:30 pm

Women	SCY	LCM	Event	LCM	SCY	Men
			1500 Free*			
57	20:02.99	20:39.79	14 & Under Time Standard	-	-	
58	19:47.29	20:20.49	15 & Over Time Standard	-	-	
			800 Free*			
	-	-	14 & Under Time Standard	10:22.19	11:26.69	59
	-	-	15 & Over Time Standard	10:00.09	11:02.59	60
			50 Fly			
61	NA	NA	14 & Under Time Standard	NA	NA	62
63	NA	NA	15 & Over Time Standard	NA	NA	64
			200 Back			
65	2:22.99	2:44.89	14 & Under Time Standard	2:36.09	2:13.99	66
67	2:19.69	2:41.49	15 & Over Time Standard	2:28.89	2:06.89	68
			100 Free			
69	1:00.49	1:08.99	14 & Under Time Standard	1:04.49	56.29	70
71	58.99	1:07.89	15 & Over Time Standard	1:01.69	53.49	72
			200 IM			
73	2:25.49	2:47.79	14 & Under Time Standard	2:38.29	2:17.09	74
75	2:22.99	2:44.49	15 & Over Time Standard	2:31.39	2:10.09	76
			200 Medley Relay**			
77	NA	NA	Open	NA	NA	78
			10 MINUTE BREAK			

These events will be timed final with the top 8 seeds swimming in the evening finals session, and all other swimmers competing fastest to slowest alternating gender during the morning preliminary session **after the relays. Positive check-in is required.*

***These events will be prelim/finals. Positive check-in is required.*