

**WINTER HAVEN  
2021 ROWDY CUP INVITE**

September 18-19, 2021

HOSTED BY: PIPELINE SWIMMING

1. PARENTS WILL NOT BE ALLOWED ON THE POOL DECK.
2. TEAMS WILL BE STAGED ON THE BACK DECK AND SIDE DECK
3. TEAMS MUST PROVIDE AT LEAST ONE OFFICIAL FOR EACH SESSION THAT THEY HAVE SWIMMERS ENTERED. NAMES OF OFFICIALS MUST ACCOMPANY THE ENTRY ON THE EMAIL.
4. TRAFFIC FLOWS ONE WAY FROM THE STAGING AREA TO THE BLOCKS AND THEN TO THE DIVING WELL/WARM DOWN POOL.
5. COACHES ARE NOT TO STAND BEHIND THE BLOCKS AFTER THE WARM DOWN SESSION IS OVER.

**Sanction by:**

“In granting this approval it is understood and agreed the USAS/FL shall be free and held harmless from any liabilities or claim from Damages arising by reasons of injuries to anyone during the Conduct of the event.” Condition of Sanction: Any swimmer entered in the meet, unaccompanied by USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Operating a Drone in any City of Winter Haven Park is against the law. Deck changing at all City of Winter Haven Pools is prohibited. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. IN APPLY FOR THIS SANCTION, PIPELINE AGREES TO COMPLY AND ENFORCE ALL HEALTH AND SAFETY GUIDELINES OF USA SWIMMING, FLORIDA SWIMMING AND THE CITY OF WINTER HAVEN. AN INHERENT RISK OF EXPOSURE TO COVID-19 EXIST IN ANY PUBLIC PLACE WHERE PEOPLE ARE PRESENT. COVID-19 IS AN EXTREMEY CONTAGIOUS DESEASE THAT CAN LEAD TO SEVERE ILLNESS AND DEATH. ACCORDING TO THE CENTERS FOR DESEASE CONTROL AND PREVENTION, SENIOR CITZENS AND INDIVIDUALS WITH UNDERLYING MEDICAL CONDITIONS ARE ESPECIALLY VULNERABLE.

BY VISITING THE ROWDY GAINES WINTER HAVEN POOL, YOU VOLUNTARILY ASSUME ALL RISKS RELATED TO EXPOSURE TO COVID-19. USA SWIMMING INC. CANNOT PREVENT YOU (OR YOUR CHILD(REN)) FROM BECOMING EXPOSED TO, CONTRACTING, OR SPREADING COVID19 WHILE PARTICIPATING IN USA SWIMMING SANCTIONED EVENTS. IT IS NOT POSSIBLE TO PREVENT AGAINST THE PRESENCE OF THE DISEASE. THEREFORE, IF YOU CHOOSE TO PARTICIPATE IN A USA SWIMMING SANCTIONED EVENT, YOU MAY BE EXPOSING YOURSELF TO AND/OR INCREASING YOUR RISK OF CONTRACTING OR SPEADING COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, FLORIDA SWIMMING, PIPELINE SWIMMING AND THE CITY OF WINTER HAVEN AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DESEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP AND CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UN FORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTCIPATION IN THIS COMPETITION. UNKNOWN, FORESEEN OR UN FORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

**Type of Meet:** Age Group and Senior, Outdoor, 25 yd Short Course, Timed Finals.

**Host:** PIPELINE SWIMMING

**Date & Time:** Saturday, September 18, 2021 – ALL START TIMES WILL BE ADJUSTED AFTER MEET IS SEEDED (\*) Meet times/sessions may be adjusted after entries are submitted.

13 & Overs 7:00am warm up, 8:00am start

11-12, 10 & Unders, 8 & Under 11:30am warm up, 12:30pm start \*

Sunday, September 19, 2021 – ALL START TIMES WILL BE ADJUSTED AFTER MEET IS SEEDED (\*) Meet times/sessions may be adjusted after entries are submitted.

13-14 and 13 & Overs 7:00am warm up, 8:00am start

11-12, 10 & Unders, 8 & Under 11:30am warm up, 12:30pm start \*

**Warm up:** One hour prior to start of Saturday/Sunday morning sessions  
Guarantee of at least one-half hour prior to start of other sessions.

**Location:** **Rowdy Gaines Olympic Pool.** Chain of Lakes Recreation Complex,  
210 Cypress Gardens Boulevard, Winter Haven, Florida

**Pool Specs:** Water depth at the competition-starting end is a minimum of 4 feet, 6 inches and the turn end is a minimum of at least 4 feet, 6 inches. Eight lanes, 50 meter. Outdoor heated pool, Non-turbulent lane lines. Separate diving well available for warm up and warm down.

**Timing system:** Daktronics Electronic Timing Equipment with 8 lane Electronic Display.

**Eligibility:** Open to all currently registered USA swimmers. On-deck registrations will be allowed to fill heats only. No heats will be created for deck entries.

**Seeding:** Short course 25 yard times will be used for seeding purposes. Conversions may be made using the formula in the current Florida Swimming handbook or by the standard computer software used to prepare your entry.

**Scratches:** No penalty for scratching on the block.

**Entry limit:** Five (5) individual events per day

Swimmers over entered will be considered as entered in the first maximum events each day. No limit to relay entries, but each entry should indicate "A", "B", etc.

**Entry Form:** Entries must be in USA Swimming SDIF format. Sent by email using Hy-Tek team manager or TU. Corrupted, unreadable or incorrectly formatted files must be corrected within 24 hours. Errors in entries submitted electronically are the responsibility of the

applicant. Manual entries will not be accepted. The entry recap and coaching certification must also be completed and signed.

**Deck entries:** Deck entries are to be submitted to the meet management no later than 30 minutes prior to the start of each session. The fee for deck entries is \$10.00 per event. **If the swimmer is not already in the meet, the \$12 facility fee is also due.** Fees must be paid at the time the entry is made. Deck entries will be accepted only if there are open lanes in the desired event. Swimmers must still comply with the maximum per session entry limit and other eligibility requirements. Swimmers may not scratch an event in order to deck enter a new event. Proof of USA Swimming registration must be met.

**Heat Sheets:** Heat Sheets will be emailed to the contact person of each competing team and will be posted at <https://www accurateswimtiming.com/> and [www.floridaswimming.org](http://www.floridaswimming.org) no later than 48 hours prior to the start of the meet. Coaches are to inform swimmers and parents of the online heat sheet and posting sites made available for them to view and download. Heat sheets will NOT be available for purchase

**Entry Fees:** \$12 Facility fee per swimmer, \$2 per swimmer Heat Sheet.  
\$5.00 per event  
\$10 per relay. \$2 out-of-state swimmer fee.  
Make checks payable to: Winter Haven Stingrays Board

**Entry Deadline:** All entries must be received by **Friday, September 10, 2021 at 5pm.**  
Email: [entries@accurateswimtiming.com](mailto:entries@accurateswimtiming.com)

**Seeding:** All events will be swum slow to fast.

**Scoring:** **Individual: 9-7-6-5-4-3-2-1 Relays: 18-14-12-10-8-6-4-2**  
Regardless of the event swum, all events will be scored by age group based on the swimmers age. Scored age groups will be 8&U, 9-10, 11-12, 13-14, Open

**Awards:** Individual Events: 1st -3rd medals, Ribbons 4<sup>th</sup> – 7<sup>th</sup> 14 & under only  
Relays 1<sup>st</sup> – 3<sup>rd</sup> Ribbons  
Heat winner prizes  
Individual High Point award 1<sup>st</sup> Trophy & 2<sup>nd</sup> place runner up Trophy –  
8 & U, 9-10, 11-12, 13-14  
Visiting Team 1<sup>st</sup> & 2<sup>nd</sup> place high point team trophies

**Information:** Coach Patrick 941-228-9777 Email: [coachpatrick@pipelineswimming.com](mailto:coachpatrick@pipelineswimming.com)

**Representative:** Prior to the start of the meet, the name of one person, other than the Coach who will Check with the referee about any matter pertaining to the meet must be given to the Referee. The coach and only that person will be recognized.

**Rules:** Current USA Swimming Technical rules will govern the meet. Safety rules, as outlined by USA Swimming and as recommended by the Head Marshall, will be in effect during all warm-up periods and in all warm- up areas. The USA Swimming “no recall” start will be used as outlined in 102.14.4H

**Starts:** The “fly-over or immediate climb out” start may be used at the discretion of the head referee for any/or all of the events in the meet. Team Representative: Prior to the start of the meet, each team may give the name of one other person other than the coach to the meet referee. The Meet Referee will recognize only the coach and the person so designated as the representatives of the team. Prior to the start of the meet all teams must present a list of current USA Swimming certified coaches attending the meet and representing their team. Unattached coaches not entering any swimmers in the meet (not the coach of record designated by the team) will not have deck access. Camera Zones: Still and video photography will be allowed from the bleacher area only EXCEPT DURING THE START OF THE 25 YARD EVENTS. Cameras are not permitted on the pool deck or in the locker room area. Distance Check In: All coaches must positive check in their swimmers for Friday events by 4:00pm. Swimmers missing check-in for any deck seeded events may swim in an empty lane. NO NEW HEATS WILL BE CREATED.

**Officials:** Head Referee: Bob Griffiths  
Admin Official: Andrew Rzepecki  
Starter: Quinn Sampson  
Head Stroke & Turn: Patrick Piper  
Marshall: Stephanie Odom  
Meet Directors: Patrick Piper & Justin Hengesbach

**Warm Up Schedule:** NO EQUIPMENT PERMITTED

SWIMMERS MUST ENTER THE WATER FEET FIRST EXCEPT WHEN EXECUTING A CONTROLLED RACING START, SUPERVISED BY A COACH. \* The referee/marshal may alter warm-up procedures to meet the needs of the swimmers.

|                               |                                     |
|-------------------------------|-------------------------------------|
| All Sessions: General Warm Up | Controlled Warm up (Last half hour) |
| Lane(s)                       | Lane(s)                             |
| 1 - 8 Circle swimming only    | 1 Pace - push off / pace            |
|                               | 2 Racing Starts - one way only      |
|                               | 3 Circle swimming only              |
|                               | 4 Circle swimming only              |
|                               | 5 Circle swimming only              |
|                               | 6 Racing Starts - one way only      |
|                               | 7 Racing Starts - one way only      |
|                               | 8 Pace – push off                   |

**Recommended Hotels**

**HAMPTON INN**  
**202 Cypress Gardens Blvd**  
**863-299-9251**

**HOLIDAY INN of WINTER HAVEN**  
**200 Cypress Gardens Blvd**  
**863-292-2100**

*When making reservations, indicate that you are a swim team attending the Winter Haven/PIPELINE Swim Meet to obtain a possible discounted group rate.*

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**2021 ROWDY CUP Winter Haven/PIPELINE Master Entry Form**

**TEAM NAME** \_\_\_\_\_ **Team abbreviation:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Coach:** \_\_\_\_\_ **Email:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Coach:** \_\_\_\_\_ **Email:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

Head Coach certifies that all athletes entered are currently registered USA Swimming members, and all athletes over the age of 18 has completed the \_\_\_\_\_ required by USA Swimming Safe Sport. I also certify that all of our coaches are deck are current members in good standing of USA Swimming.

Entries must be received by Friday, September 10, 2021. Spaces are limited, so you will be notified if the meet is full. Email entries to: [entries@accurateswimtiming.com](mailto:entries@accurateswimtiming.com)

**Financial Recap:**

|  |           |       |
|--|-----------|-------|
| Total Swimmers (Facility Fee&Heat Sheet Fee) | @ \$12.00 | _____ |
| Individual events                            | @ \$4.15  | _____ |
| Relays                                       | @ \$5.00  | _____ |
| TOTAL  | \$        | _____ |

**WINTER HAVEN  
2021 ROWDY CUP  
Order of Events**

**Session 1 Saturday September 18, 2021** Warm-up 7 AM, Start 8 AM

| Event # | Gender | Age Group | Description      |
|---------|--------|-----------|------------------|
| 1       | Mixed  | 13 & Over | 400 FREE Relay   |
| 2       | Mixed  | 13 & Over | 100 Free         |
| 3       | Mixed  | 13 & Over | 400 IM           |
| 4       | Mixed  | 13 & Over | 100 Back         |
| 5       | Mixed  | 13 & Over | 50 Fly           |
| 6       | Mixed  | 13 & Over | 100 IM           |
| 7       | Mixed  | 13 & Over | 50 Free          |
| 8       | Mixed  | 13 & Over | 200 Fly          |
| 9       | Mixed  | 13 & Over | 200 MEDLEY Relay |

**Session 2 Saturday September 18, 2021** Starts 1 hour after the AM Session ends

| Event # | Gender | Age Group  | Description      |
|---------|--------|------------|------------------|
| 10      | Mixed  | 11-12      | 200 MEDLEY RELAY |
| 11      | Mixed  | 10 & Under | 100 MEDLEY RELAY |
| 12      | Mixed  | 12 & Under | 100 Free         |
| 13      | Mixed  | 8 & under  | 25 Free          |
| 14      | Mixed  | 12 & Under | 50 Breaststroke  |
| 15      | Mixed  | 12 & Under | 200 Free         |
| 16      | Mixed  | 12 & Under | 100 Backstroke   |
| 17      | Mixed  | 8 & under  | 25 Backstroke    |
| 18      | Mixed  | 12 & Under | 50 Butterfly     |
| 19      | Mixed  | 12 & Under | 100 IM           |
| 20      | Mixed  | 12 & Under | 500 Free *       |

*\*Swimmers must provide timer & counter. Positive check-in closes 30 mins prior to start of the session.  
NT Times will not be allowed. Maximum time for entry 8:00:00Y*

**Session 3 Sunday September 19, 2021** Warm-up 7 AM, Start 8 AM

| Event # | Gender | Age       | Description      |
|---------|--------|-----------|------------------|
| 21      | Mixed  | 13 & Over | 200 FREE Relay   |
| 22      | Mixed  | 13 & Over | 200 IM           |
| 23      | Mixed  | 13 & Over | 100 Fly          |
| 24      | Mixed  | 13 & Over | 200 Free         |
| 25      | Mixed  | 13 & Over | 50 Back          |
| 26      | Mixed  | 13 & Over | 200 Breaststroke |
| 27      | Mixed  | 13 & Over | 50 Free          |
| 28      | Mixed  | 13 & Over | 200 Backstroke   |
| 29      | Mixed  | 13 & Over | 500 Free *       |

*\* Swimmers must provide timer & counter. Positive check-in closes 30 mins prior to start of the session. NT Times will not be allowed.*

**Session 4 Sunday September 19, 2021** Starts 1 hour after the AM Session ends

| Event # | Gender | Age Group  | Description      |
|---------|--------|------------|------------------|
| 30      | Mixed  | 11-12      | 200 FREE RELAY   |
| 31      | Mixed  | 10 & Under | 100 FREE RELAY   |
| 32      | Mixed  | 8 & Under  | 100 FREE RELAY   |
| 33      | Mixed  | 12 & Under | 200 IM           |
| 34      | Mixed  | 12 & Under | 50 Free          |
| 35      | Mixed  | 12 & Under | 100 Breaststroke |
| 36      | Mixed  | 8 & Under  | 25 Breaststroke  |
| 37      | Mixed  | 12 & Under | 50 Backstroke    |
| 38      | Mixed  | 8 & Under  | 50 Backstroke    |
| 39      | Mixed  | 12 & Under | 100 Butterfly    |
| 40      | Mixed  | 8 & Under  | 25 Butterfly     |