

**FHSAA Class 3A Region 2 District 4  
Swimming and Diving Championships  
Saturday, October 22, 2022**

<b>PARTICIPATING SCHOOLS</b>		
East River	Lake Minneola	South Lake
Edgewater	Liberty	St. Cloud
Gateway	Lyman	Wekiva
Horizon	Mainland	Winter Springs
Jones	New Smyrna Beach	

**HOST SCHOOL**

South Lake High School

**LOCATION (Swimming)**

Florida Aquatics Swimming & Training – 4635 SW 67<sup>th</sup> Ave, Ocala, FL 34476

**START TIMES**

**(Warm-up) 9:00 AM**

**(Swimming) 10:00 AM**

**RULES**

NFHS Rules Championship Meets as amended by FHSAA will govern the meet. USA Swimming Rules will govern USA Swimming athletes.

**USA SWIMMING OBSERVATION**

This meet will be observed by Florida Swimming.

**FACILITY**

Certified 25 yard, Indoor 22 lane pool with continuous non-turbulent lane lines, bottom lane markers and backstroke flags. There is a separate 50-meter outdoor pool for warm ups and warm-downs if needed. Water depth at starting end is 9'10". 10 lanes will be used during the competition.

**WARM UP**

If necessary, two warmup sessions will be held, and lane assignments will be sent to head coaches prior to the meet.

## OFFICIALS

**Referee:** Quinn Sampson  
**Starter:** Tara Williams  
**Stroke and Turn:** Cheryl Pavlacka  
**Admin Official:** Kevin Milak  
**Meet Director:** Matt Blotney

## OFFICIATING CONTACT

Certified officials interested in volunteering on deck are asked to contact Meet Referee Quinn Sampson in advance of the meet at [qsampson@gmail.com](mailto:qsampson@gmail.com).

## MORE INFORMATION

Tara Williams, email [williamst4@lake.k12.fl.us](mailto:williamst4@lake.k12.fl.us), cell/text: (352)255-7607.

## SCORING

Place	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>	13 <sup>th</sup>	14 <sup>th</sup>	15 <sup>th</sup>	16 <sup>th</sup>
<b>Individual</b>	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1
<b>Relay</b>	40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2

## ENTRY LIMITS

There is a team entry limit of four (4) swimmers/divers per individual event. Each school is allowed to enter one (1) relay team per relay event. Each athlete is limited to entering four events, no more than two of which may be individual events.

## ENTRY DEADLINE

The Meet Entry File is due to \_\_\_\_\_ by FRIDAY, OCTOBER 14, 2022 BY 5:00. Head coaches will be sent an email confirmation upon receipt of entries.

## ENTRY NOTES

Coaches should enter swimmers/relays with best yard times, or NT. Coaches are required to send all swimming and diving entries using HY-TEK software.

Coaches are asked to use the provided meet entry file. It may be obtained from Quinn Sampson.

Entry files should include CURRENT USA-S numbers of any USA-S registered swimmer if coaches wish to have times entered into the SWIMS 3.0 database. Please note that USA-S IDs have been recently updated through USA Swimming. The newer IDs are random 14-character ID.

Though not required, it is requested that coaches show school year (9, 10, 11, or 12) for each swimmer in their entry file.

**ENTRY FEES**

The meet entry fee is **TBA** per school. Checks shall be made payable to South Lake High School and can be delivered on deck or mailed to:

South Lake High School  
Attn: **Matt Blotney**  
15600 Silver Eagle Road  
Groveland, FL 34736

**PSYCH/HEAT SHEETS**

Once entries are processed, the Psych Sheet will be sent to the coaches for review. No changes to events may be made once the Psych Sheet has been published, unless clerical in nature. The Heat Sheet will be distributed via email to head coaches.

**DECK ENTRIES**

Deck entries are NOT allowed for this meet.

**TIMERS**

All participating schools will be asked to provide two timers for the meet, each of whom will time for approximately two hours. The meet will be divided into two timing sessions, 9:00-11:00 and 11:00-1:00 (or meet conclusion) Timers will be admitted free of charge. Timing assignments will be sent to coaches before the meet. FAST will supply all timer equipment needs and lap counters.

**VOLUNTEERS**

Each school is asked to email their two volunteer timer names by Wednesday, October 19, to \_\_\_\_\_.

**AWARDS**

Championship and runner-up trophies will be awarded to both Boys and Girls.

**COACHES/CAPTAIN MEETING**

A meeting of head coaches and team captains will be held during warm-ups and run by the Meet Referee. In the case of dual warm-ups, there will be two meetings held. Meeting time(s) will be announced via an email to coaches.

**CONCESSIONS/HOSPITALITY**

Hospitality will be provided by South Lake High School for all coaches and certified officials. A concessions stand will be offered during the meet.

**GATE OPENING & ADMISSION FEE**

Spectator gate will open at \_\_\_\_\_. Admission is \$6.00 per spectator, and tickets must be purchased in advance at Go Fan ([www.gofan.co](http://www.gofan.co)).

### **WEATHER CONTINGENCY PLAN**

In case of pending inclement weather (i.e. hurricane development), the meet committee will partake in a conference call no later than Wednesday, October 19<sup>th</sup>. Once both the host (South Lake) Athletic Director and Meet Director reach a decision, the Meet Director will notify the district coaches via email.

### **JURY OF APPEALS**

Head coaches from Lake Minneola, Lyman, New Smyrna Beach, Wekiva, and Edgewater.

#### **Order of Events**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
1	200 Medley Relay	2
3	200 Free	4
5	200 IM	6
7	50 Free	8
	<i>15-minute break*</i>	
11	100 Fly	12
13	100 Free	14
15	500 Free	16
17	200 Free Relay	18
	<i>10-minute break</i>	
19	100 Back	20
21	100 Breast	22
	<i>5-minute break</i>	
23	400 Free Relay	24

\*Events 9 and 10, Girls and Boys 1-meter diving, will be held at an alternate date and location as noted above in the meet letter.