

# 2023 Winter Haven Rowdy Cup Long Course Open

4/28/2023 to 4/30/2023

## Estimated Timeline

### Fri Evening

Event		Heats	Start
1	G 13 & Over 800 Free	1	5:00 PM
2	B 13 & Over 800 Free	1	5:13 PM
3	G 11-12 400 Free	1	5:23 PM
4	B 11-12 400 Free	1	5:30 PM
5	G 10 & Under 200 Free	1	5:35 PM
6	B 10 & Under 200 Free	1	5:39 PM
7	X 13 & Over 50 Back	4	5:43 PM
8	G 13 & Over 400 IM	1	5:48 PM
9	B 13 & Over 400 IM	1	5:54 PM
10	X 13 & Over 50 Free	4	6:01 PM
<b>End of Session</b>			<b>6:05 PM</b>

### Sat AM Open

Event		Heats	Start
11	X 13 & Over 200 Free Rela	3	8:00 AM
12	X 13 & Over 100 Breast	9	8:08 AM
13	X 13 & Over 50 Free	9	8:26 AM
14	X 13 & Over 200 Fly	2	8:35 AM
15	X 13 & Over 100 Back	9	8:42 AM
16	X 13 & Over 50 Breast	7	9:03 AM
17	X 13 & Over 200 Free	9	9:11 AM
18	X 13 & Over 50 Back	8	9:39 AM
19	X 13 & Over 400 Medley R	1	9:50 AM
20	X 13 & Over 1500 Free	1	9:56 AM
<b>End of Session</b>			<b>10:16 AM</b>

### Sat PM 12 & U

Event		Heats	Start
21	X 12 & Under 200 Free Re	2	12:00 PM
22	X 12 & Under 50 Back	13	12:09 PM
23	X 12 & Under 100 Breast	5	12:31 PM
24	X 12 & Under 50 Free	16	12:44 PM
25	X 12 & Under 100 Fly	2	1:05 PM
26	X 12 & Under 50 Fly	8	1:11 PM
27	X 12 & Under 50 Breast	9	1:23 PM
28	X 12 & Under 200 Free	4	1:37 PM
29	X 12 & Under 400 Medley	0	1:52 PM
<b>End of Session</b>			<b>1:52 PM</b>

### Sun AM Open

Event		Heats	Start
30	X 13 & Over 200 Medley R	3	8:00 AM
31	X 13 & Over 400 Free	4	8:09 AM
32	X 13 & Over 50 Free	10	8:33 AM
33	X 13 & Over 200 Back	3	8:43 AM
34	X 13 & Over 100 Fly	7	8:54 AM
35	X 13 & Over 200 Breast	5	9:06 AM
36	X 13 & Over 100 Free	12	9:25 AM
37	X 13 & Over 200 IM	8	9:45 AM
38	X 13 & Over 400 Free Rela	2	10:12 AM
<b>End of Session</b>			<b>10:23 AM</b>

### Sun PM 12 & U

Event		Heats	Start
39	X 12 & Under 200 Medley	2	12:00 PM
40	X 12 & Under 100 Back	7	12:09 PM
41	X 12 & Under 50 Fly	7	12:27 PM
42	X 12 & Under 100 Free	12	12:37 PM
43	X 12 & Under 50 Breast	9	1:04 PM
44	X 12 & Under 50 Back	10	1:17 PM
45	X 12 & Under 200 IM	4	1:35 PM
46	X 12 & Under 400 Free Re	1	1:51 PM
<b>End of Session</b>			<b>1:59 PM</b>

Positive check-in for events 1-9 closes at 4:00 PM Friday

Postitive check-in for event 20 closes 7:30am Saturday.

Positive check-in for event 31 closes at 7:30 am Sunday.