2023 RAFC Summer Solstice

6/8/2023 to 6/11/2023

Thursday Timed Finals

Event		Heats	Start
1	Girls 13 & Over 200 Medley Re	1	5:00 PM
2	Boys 13 & Over 200 Medley Rel	1	5:03 PM
	Break: 10 Minutes:		
3	Girls 13 & Over 1500 Freestyl	1	5:16 PM
4	Boys 13 & Over 1500 Free	3	5:42 PM
	Break: 10 Minutes:		
5	Girls 13 & Over 200 Free	1	6:48 PM
6	Boys 13 & Over 200 Free	1	6:50 PM
	End of Session		**6:53 PM**

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Estimated Prelims Timeline

Fri Prelims

Event	Heats	Start
G 13-14 100 Fly	3	8:00 AM
B 13-14 100 Fly	3	8:06 AM
G 15 & Over 100 Fly	4	8:12 AM
B 15 & Over 100 Fly	7	8:19 AM
G 13-14 200 Free	3	8:30 AM
B 13-14 200 Free	4	8:41 AM
G 15 & Over 200 Free	4	8:55 AM
B 15 & Over 200 Free	8	9:08 AM
G 13-14 50 Breast	3	9:30 AM
B 13-14 50 Breast	4	9:34 AM
G 15 & Over 50 Breaststro	5	9:40 AM
B 15 & Over 50 Breaststro	5	9:45 AM
G 13-14 100 Back	4	9:51 AM
B 13-14 100 Back	4	10:00 AM
G 15 & Over 100 Backstrol	5	10:10 AM
B 15 & Over 100 Back	6	10:21 AM
G 13 & Over 400 IM	2	10:33 AM
B 13 & Over 400 IM	3	10:46 AM
End of Session		**11:04 AM**

Sat Prelims

Event	Heats	Start
G 13-14 50 Free	6	8:00 AM
B 13-14 50 Free	6	8:07 AM
G 15 & Over 50 Free	7	8:13 AM
B 15 & Over 50 Free	9	8:20 AM
G 13-14 100 Breast	3	8:28 AM
B 13-14 100 Breast	4	8:35 AM
G 15 & Over 100 Breaststr	5	8:44 AM
B 15 & Over 100 Breaststr	6	8:54 AM
G 13-14 200 Back	2	9:05 AM
B 13-14 200 Back	2	9:13 AM
G 15 & Over 200 Backstrol	2	9:21 AM
B 15 & Over 200 Back	3	9:29 AM
G 13-14 50 Fly	5	9:40 AM
B 13-14 50 Fly	4	9:46 AM
G 15 & Over 50 Fly	5	9:50 AM
B 15 & Over 50 Fly	8	9:56 AM
G 13 & Over 400 Free	4	10:04 AM
B 13 & Over 400 Free	6	10:28 AM
End of Session		**11:02 AM**

Sun Prelims

Event	Heats	Start
G 13-14 200 IM	3	8:00 AM
B 13-14 200 IM	3	8:12 AM
G 15 & Over 200 IM	4	8:22 AM
B 15 & Over 200 IM	5	8:35 AM
G 13-14 100 Free	5	8:50 AM
B 13-14 100 Free	5	8:59 AM
G 15 & Over 100 Free	6	9:07 AM
B 15 & Over 100 Free	10	9:17 AM
G 13-14 200 Breast	1	9:32 AM
B 13-14 200 Breast	2	9:36 AM
G 15 & Over 200 Breaststr	2	9:44 AM
B 15 & Over 200 Breaststr	4	9:52 AM
G 13-14 50 Back	4	10:06 AM
B 13-14 50 Back	3	10:12 AM
G 15 & Over 50 Back	4	10:16 AM
B 15 & Over 50 Back	6	10:21 AM
G 13-14 200 Fly	1	10:29 AM
B 13-14 200 Fly	1	10:32 AM
G 15 & Over 200 Fly	1	10:36 AM
B 15 & Over 200 Fly	2	10:39 AM
End of Session		**10:45 AM**

2023 RAFC Summer Solstice

6/8/2023 to 6/11/2023

Estimated 12 & Under Afternoon

Fri 12&U

Event	Heats	Start
G 12 & Under 200 Freesty	2	12:00 PM
B 12 & Under 200 Free	1	12:07 PM
Break: 10 Minutes:		
G 10 & Under 50 Fly	3	12:20 PM
B 10 & Under 50 Fly	3	12:24 PM
G 11-12 50 Fly	5	12:29 PM
B 11-12 50 Fly	4	12:35 PM
G 10 & Under 200 Freesty	2	12:41 PM
B 10 & Under 200 Free	2	12:49 PM
G 11-12 200 Free	3	12:56 PM
B 11-12 200 Free	3	1:07 PM
G 10 & Under 50 Backstro	4	1:17 PM
B 10 & Under 50 Back	3	1:24 PM
G 11-12 50 Back	5	1:30 PM
B 11-12 50 Back	4	1:37 PM
G 12 & Under 400 IM	1	1:44 PM
B 12 & Under 400 IM	1	1:51 PM
End of Session		**1:58 PM**

Sat 12 &U

Event	Heats	Start
G 12 & Under 200 Medley	2	12:00 PM
B 12 & Under 200 Medley	1	12:08 PM
Break: 10 Minutes:		
G 10 & Under 50 Free	5	12:22 PM
B 10 & Under 50 Free	4	12:28 PM
G 11-12 50 Free	5	12:34 PM
B 11-12 50 Free	5	12:40 PM
G 10 & Under 50 Breaststr	4	12:46 PM
B 10 & Under 50 Breaststr	3	12:52 PM
G 11-12 50 Breast	4	12:57 PM
B 11-12 50 Breast	4	1:03 PM
G 10 & Under 100 Backstr	3	1:08 PM
B 10 & Under 100 Backstr	3	1:16 PM
G 11-12 100 Back	4	1:24 PM
B 11-12 100 Back	4	1:35 PM
G 12 & Under 400 Freestyl	2	1:45 PM
B 12 & Under 400 Free	2	1:59 PM
End of Session		**2:12 PM**

Sun 12 &U

Event	Heats	Start
G 10 & Under 200 IM	2	12:00 PM
B 10 & Under 200 IM	2	12:09 PM
G 11-12 200 IM	3	12:18 PM
B 11-12 200 IM	3	12:30 PM
G 10 & Under 100 Freesty	3	12:41 PM
B 10 & Under 100 Free	4	12:48 PM
G 11-12 100 Free	5	12:57 PM
B 11-12 100 Free	4	1:08 PM
G 10 & Under 100 Breasts	3	1:16 PM
B 10 & Under 100 Breasts	3	1:23 PM
G 11-12 100 Breast	3	1:32 PM
B 11-12 100 Breast	3	1:39 PM
G 10 & Under 100 Butterfl	1	1:46 PM
B 10 & Under 100 Fly	2	1:49 PM
G 11-12 100 Fly	3	1:54 PM
B 11-12 100 Fly	3	2:01 PM
End of Session		**2:07 PM**