

RAFC Winter Classic
November 30-December 3, 2023
Hosted by the Rosen Aquatic & Fitness Center

Sanctioned By:

Florida Swimming of USA Swimming Sanction # **FL-6561**

"In granting this sanction it is understood and agreed that USA Swimming and Florida Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event."

Conditions of Sanction:

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA-S Vice President of Program Operations.

All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

COVID-19:

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND FLORIDA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES

OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

Location:

8422 International Drive
Orlando, FL 32819

(See diagram on last page for facility and parking details)

Pool Specifications:

Two eight (8) lane 25-yard courses with non-turbulent lane lines and regulation starting blocks. Water depth in the competition pool is a flat bottom with 7 feet depth at the start and turn ends. There is a separate eight (8) lane 25-yard diving well with non-turbulent lane lines for warm up/warm down. Colorado Automatic Timing Equipment and full video display scoreboard. Pool certification is on file with USA Swimming/Florida Swimming.

Medical Supervision:

Lifeguards on duty and AED device available.

Type of Meet:

- 25-yard course
- Preliminary and Finals competition for 11-12 (top 8), 13-14 (top 16) & Open (top 24) swimmers with USAS 2021-2024 National Age Group Motivational 'A' Times and above.
- Timed Finals competition for all 10&Unders and 11&Overs below USAS 2021-2024 National Age Group Motivational 'A' times.
- The 11-12, 13-14 and Open 400 IM, 500 Free, 1000 Free and 1650 Free require USAS 2021-2024 National Age Group Motivational 'AA' times for entry.
- Please see the Order of Events section for more information on meet format for each session.

Dates & Times:

- Thursday, 11/30 (all ages Timed Finals):
4:30pm Warm Up / 6:00pm Meet Start
- Friday, 12/01, Saturday, 12/02 and Sunday, 12/03 (USAS 'A' & above 11&Over Prelims):
6:30am Warm Up / 8:30am Meet Start
- Friday, 12/01, Saturday, 12/02 and Sunday, 12/03 (USAS below 'A' 11&Over Timed Finals):
Not before 12:00pm Warm Up / Not before 1:00pm Meet Start
- Friday, 12/01, Saturday, 12/02 and Sunday, 12/03 (USAS 'A' & above 11&Over Finals):
5:00pm Warm Up / 6:00pm Meet Start

Rules:

Current USA Swimming Technical Rules will govern the meet.

Eligibility:

All currently registered USA Swimming athletes who have achieved the noted qualifying times where applicable may participate in this meet. On deck registration with USA Swimming/Florida Swimming will not be allowed. There are no qualifying times for the 13-14 and Open 50's of stroke and all swimmers entered in the meet may enter those events. Bonus events are not offered for this meet.

Disability Athletes:

Florida Swimming encourages the participation of USA Swimming members with disabilities in this meet. The swimmer's disability must meet the definition of a disability as outlined in USA-Swimming Rules and Regulations: "A permanent physical or mental impairment that substantially limits one or more major life activities." Swimmers with disabilities may compete, earn awards, and score points for their team in the same manner as able-bodied swimmers. Such swimmers need not have achieved any qualifying times for this meet.

The coach or athletes are responsible for notifying the Referee of any accommodations that are required in accordance with USA-Swimming Rule 105.4.

Any athlete with a disability will be accommodated to the best of meet management's ability. Please contact the Meet Referee at least two weeks prior to the start of the event to allow for preparation.

Entry Limit:

Swimmers may enter a total of eight (8) individual events for the meet, but no more than three (3) individual events per day. Entries that exceed that limit will be automatically dropped.

Entries will be taken on a first come first served basis until the entry limit has been reached. The entry limit will be 700 swimmers for the morning sessions and 500 swimmers for the afternoon sessions.

Entry Fees:

Timed final events:	\$5.50
Prelim/final events:	\$8.50
Facility surcharge:	\$25.00
Electronic heat sheet fee:	\$3.00
Travel surcharge per out-of-state swimmer:	\$2.00

Please make entry fee checks payable to 'Rosen Aquatic & Fitness Center' and bring to the meet.

Entry Deadline:

Entries must be received via Hy-Tek file only and no later than 11:59pm EST on Monday, November 20, 2023. Entry file should be submitted to RAFCentries@gmail.com.

Late entries and deck entries will not be accepted.

Seeding / Positive Check In:

Non-conforming times will be seeded after short course yard times. Bonus events will be seeded after conforming and non-conforming times if applicable. Seeding will be short course yard times, followed by long course meters followed by short course meters.

PRELIMS & TIMED FINALS - All events will be seeded slowest to fastest except for distance events, (400 IM, 500 Free, 1000 Free and 1650 Free), which will be seeded fastest to slowest.

FINALS - Order of Finals will be Championship heat (A) followed by Consolation heat (B) followed by Bonus heat (C).

Scratches:

We may be using a virtual scratch table and/or may opt for hard copy scratches at the discretion of the Meet Referee based on the size of the meet. Details and procedures will be available at the admin/check in table on deck at the meet.

PRELIMS - There is no penalty for scratching on the block in the Preliminary events with the exception of deck-seeded events. Any swimmer entered in an individual event that is 'deck seeded' who has checked in for their event must swim the event unless he/she notifies the clerk of course before the seeding for that event has begun. Failure to do so and not swim will result in the swimmer being barred (scratched) from the next individual event (preliminary or timed final) in which the swimmer is entered. Declared false starts will be accepted from the swimmer prior to the start of the heat.

FINALS - Any swimmer who competes in a preliminary heat and qualifies for either championship or consolation finals and fails to swim in the final without notifying the Meet Referee that he/she may withdraw from the finals within thirty (30) minutes after the announcement of qualifiers for that event, and further fails to declare his/her final intention within thirty (30) minutes of his/her last individual preliminary event, will be penalized by being automatically scratched from their next individual final or individual event, whichever occurs first. The Referee may insert the next eligible swimmer into Finals or Consolation Finals once a 'failure to swim' is declared and in any vacant lanes resulting from the penalty. Declared False Starts in Finals will be considered a 'failure to swim' and will draw the same penalty. In the event of an illness or injury, certified to the satisfaction of the Meet Referee, there will be no penalty.

Distance Events:

All swimmers in the 1000 Free and the 1650 Free must provide their own counter and lane timer.

Scoring:

Individual- 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Awards:

Individual (12&Under ONLY)-	Medals for 1 st -3 rd Ribbons for 4 th -8 th
Individual High Point-	Trophy for 1 st -3 rd in each age group
Team Awards-	Overall (combined) team winner

Coaches Meeting:

A coaches meeting will be held in the hospitality room on Friday, December 1 at 8:00am. Updates on the conduct of the meet will be made at this meeting. It is the responsibility of each team to be aware of any changes made during this meeting.

Officials:

Meet Referee	Quinn Sampson
Admin Official	Joy Kraus
Starter	Karen Davidson
Stroke and Turn	Cheryl Pavlacka
Meet Marshall	Bob Walsh
Meet Director	Mike Brady

Visiting Officials:

Visiting teams are encouraged to provide USA-S certified officials to assist with officiating our meets. Teams with officials who are able and willing to assist with officiating should email their names and certification levels to mbrady@rosenaquatic.com.

Camera Zones:

Per Florida Swimming Rule 223.13, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include but are not limited to the side courses of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start-end." Etc. Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, rest rooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.

Deck Restriction:

This meet will operate with a closed pool deck per USA Swimming and Safe Sport guidelines. This means only current registered swimmers, coaches, officials and assigned meet volunteers will be allowed inside the designated competition course for any given session. Registered individuals should be prepared to show proof of their current credentials to gain access to the pool deck.

Spectators will only be allowed in designated viewing areas. This rule is in place for both the safety of our swimmers and the efficiency of our meet operations. We appreciate your help and understanding with this policy.

Outside chairs are not allowed inside the facility for spectators.

Spectator Fees:

The following fees apply for all spectators age 9 and above:

- \$5.00 admission fee per session (includes a heat sheet)
- OR \$25.00 admission fee for the entire meet (includes heat sheets for all sessions)
- Children age 8 and under may enter the facility for FREE
- AND volunteer lane timers also enter the facility for FREE during each session they work

Volunteer Lane Timers:

The Rosen Aquatic & Fitness Center is a membership-based facility that no longer has a resident swim team, and holds swim meets solely for the benefit of the Florida and USA Swimming communities. Therefore, we reach out to (and rely on) all of our attending teams to help provide lane timers in order to run these meets.

We will send out a volunteer sign up link after all entries are received, AND also provide an Amazon gift card as a thank you to each volunteer for each session they work. We appreciate your help and understanding with this request and thank you on behalf of RAFC and your swimmers!

Concessions:

There will be no concessions available at this event.

Warm Up:

The competition pool will be general warm up (circle swimming only) from the start of warm up until the last thirty (30) minutes of each warm up session, when the pool will then be as follows:

- Lane 1 – Pace 50's (push off)
- Lane 2 – Racing Starts (one way only)
- Lane 3 – Circle Swimming only
- Lane 4 – Circle Swimming only
- Lane 5 – Circle Swimming only
- Lane 6 – Racing Starts (one way only)
- Lane 7 – Racing Starts (one way only)
- Lane 8 – Pace 50's (push off)

The diving well will be general warm up (circle swimming only) throughout all warm up sessions and during the meet.

NO EQUIPMENT PERMITTED.

Map & Parking:



Questions:

Please reach out to Meet Director Mike Brady at mbrady@rosenaquatic.com and/or 407-996-0653.

Order of Events:

DAY ONE

Thursday, November 30

TIMED FINALS – 4:30pm Warm Up / 6:00pm Meet Start

WOMEN				MEN	
Qualifying Time	#	Event	#	Qualifying Time	
NA	101	11&Over 100 IM	102	NA	
6:27.49	103	10&Under 500 Free	104	6:20.79	
5:15.59	105	11-12 400 IM	106	5:06.49	
18:57.79	107	Open 1650 Free	108	17:44.09	

All events above will be seeded fastest to slowest and swum as timed finals.

DAY TWO

Friday, December 1

PRELIMS – 6:30am Warm Up / 8:30am Meet Start

FINALS – 5:00pm Warm Up / 6:00pm Meet Start

WOMEN			MEN		
<u>Qualifying Time</u>	<u>#</u>	<u>Event</u>	<u>#</u>	<u>Qualifying Time</u>	
2:31.39	201	11-12 200 Back	202	2:27.39	
2:22.99	203	13-14 200 Back	204	2:13.99	
2:19.69	205	Open 200 Back	206	2:06.89	
1:20.19	207	11-12 100 Breast	208	1:17.49	
1:15.39	209	13-14 100 Breast	210	1:09.69	
1:13.59	211	Open 100 Breast	212	1:05.59	
28.99	213	11-12 50 Free	214	27.89	
27.89	215	13-14 50 Free	216	25.69	
27.19	217	Open 50 Free	218	24.39	
1:10.89	219	11-12 100 Fly	220	1:09.29	
1:05.49	221	13-14 100 Fly	222	1:00.99	
1:03.99	223	Open 100 Fly	224	57.89	
32.69	225	11-12 50 Back	226	32.09	
NA	227	13-14 50 Back	228	NA	
NA	229	Open 50 Back	230	NA	
5:52.19	231	11-12 500 Free	232	5:42.79	
5:34.99	233	13-14 500 Free	234	5:17.59	
5:29.09	235	Open 500 Free	236	5:04.39	

All events above will be seeded slowest to fastest in Prelims EXCEPT the 500 Free, which will be seeded fastest to slowest and timed finals with the top 'x' seeded swimmers competing in the evening Finals, (i.e. top 8 for 11-12, top 16 for 13-14 and top 24 for Open).

Friday, December 1

TIMED FINALS – not before 12:00pm Warm Up / not before 1:00pm Meet Start

WOMEN			MEN		
<u>Qualifying Time</u>	<u>#</u>	<u>Event</u>	<u>#</u>	<u>Qualifying Time</u>	
NA	251	11&Over 200 Back	252	NA	
NA	253	10&Under 100 Breast	254	NA	
NA	255	11&Over 100 Breast	256	NA	
NA	257	10&Under 50 Free	258	NA	
NA	259	11&Over 50 Free	260	NA	
NA	261	10&Under 100 Fly	262	NA	
NA	263	11&Over 100 Fly	264	NA	
NA	265	10&Under 50 Back	266	NA	
NA	267	11&Over Back	268	NA	

All events above will be seeded fastest to slowest and swum as timed finals.

DAY THREE

Saturday, December 2

PRELIMS – 6:30am Warm Up / 8:30am Meet Start

FINALS – 5:00pm Warm Up / 6:00pm Meet Start

WOMEN				MEN	
Qualifying Time	#	Event	#	Qualifying Time	
2:17.49	301	11-12 200 Free	302	2:12.49	
2:10.39	303	13-14 200 Free	304	2:02.59	
2:08.09	305	Open 200 Free	306	1:56.99	
2:52.19	307	11-12 200 Breast	308	2:46.39	
2:43.69	309	13-14 200 Breast	310	2:31.39	
2:39.49	311	Open 200 Breast	312	2:24.19	
1:11.39	313	11-12 100 Back	314	1:09.19	
1:05.69	315	13-14 100 Back	316	1:01.29	
1:03.99	317	Open 100 Back	318	58.39	
31.29	319	11-12 50 Fly	320	31.19	
NA	321	13-14 50 Fly	322	NA	
NA	323	Open 50 Fly	324	NA	
4:58.69	325	13-14 400 IM	326	4:40.49	
4:52.29	327	Open 400 IM	328	4:28.59	

All events above will be seeded slowest to fastest in Prelims EXCEPT the 400 IM, which will be seeded fastest to slowest and timed finals with the top 'x' seeded swimmers competing in the evening Finals, (i.e. top 8 for 11-12, top 16 for 13-14 and top 24 for Open).

Saturday, December 2

TIMED FINALS – not before 12:00pm Warm Up / not before 1:00pm Meet Start

WOMEN				MEN	
Qualifying Time	#	Event	#	Qualifying Time	
NA	351	10&Under 200 Free	352	NA	
NA	353	11&Over 200 Free	354	NA	
NA	355	10&Under 100 IM	356	NA	
NA	357	11&Over 200 Breast	358	NA	
NA	359	10&Under 100 Back	360	NA	
NA	361	11&Over 100 Back	362	NA	
NA	363	10&Under 50 Fly	364	NA	
NA	365	11&Over 50 Fly	366	NA	

All events above will be seeded fastest to slowest and swum as timed finals.

DAY FOUR

Sunday, December 3

PRELIMS – 6:30am Warm Up / 8:30am Meet Start

FINALS – 5:00pm Warm Up / 6:00pm Meet Start

WOMEN			MEN		
Qualifying Time	#	Event	#	Qualifying Time	
2:34.29	401	11-12 200 Fly	402	2:28.39	
2:25.49	403	13-14 200 Fly	404	2:15.59	
2:21.69	405	Open 200 Fly	406	2:09.69	
1:03.09	407	11-12 100 Free	408	1:00.89	
1:00.49	409	13-14 100 Free	410	56.29	
58.99	411	Open 100 Free	412	53.49	
36.89	413	11-12 50 Breast	414	36.09	
NA	415	13-14 50 Breast	416	NA	
NA	417	Open 50 Breast	418	NA	
2:34.49	419	11-12 200 IM	420	2:30.69	
2:25.49	421	13-14 200 IM	422	2:17.09	
2:22.99	423	Open 200 IM	424	2:10.09	
11:21.19	425	Open 1000 Free	426	10:34.99	

All events above will be seeded slowest to fastest in Prelims EXCEPT the 1000 Free, which will be seeded fastest to slowest and timed finals with all swimmers competing in the morning Prelims.

Sunday, December 3

TIMED FINALS – not before 12:00pm Warm Up / not before 1:00pm Meet Start

WOMEN			MEN		
Qualifying Time	#	Event	#	Qualifying Time	
NA	451	11&Over 200 Fly	452	NA	
NA	453	10&Under 100 Free	454	NA	
NA	455	11&Over 100 Free	456	NA	
NA	457	10&Under 50 Breast	458	NA	
NA	459	11&Over 50 Breast	460	NA	
NA	461	10&Under 200 IM	462	NA	
NA	463	11&Over 200 IM	464	NA	

All events above will be seeded fastest to slowest and swum as timed finals.