

**FHSAA Class 3A District 4  
Florida High School Athletic Association**

**Host:** East River High School

**Sanctioned by:** Florida Swimming of USA # \_\_\_\_\_

“In granting this approval it is understood and agreed the USA Swimming/Florida Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during conduct of the event”.

**Sanctioning:** The competition course has been certified in accordance with 104.2.2c(4). The copy of such certification is on file with USA Swimming.

**Location:** Swimming and Diving  
National Training Center  
1935 Don Wickham Dr  
Clermont, FL 34711

**Officials:** Meet Manager Quinn Sampson  
Starter Bob Walsh  
S&T Dianne Moore  
S&T Cheryl Pavlacka

**DECK CHANGING & SHAVING:** Changing on deck & shaving on the premises is PROHIBITED by FHSAA rule.

**Dates/Times:** Diving will be with 4A Districts

Swimming –Friday October 27<sup>th</sup>

8:00 AM Warm-up (Team/Lane Assignment TBA)\*

8:45 AM Coaches Meeting

9:00 AM Timed Finals begin

**Type of Meet:** 25-yard Short Course High School District Championship Timed Final format. Meet Management may opt to use fly-over starts at this competition.

**Pool Specs:** Certified 25 -yard outdoor pool with a maximum of two eight lane racing courses, having a minimum depth of 5 feet and non-turbulent lane lines. (Backstroke Ledges are not permitted in High School Swimming.)

**Timing System:** Electronic Timing System with scoreboard, manual back-up watches-  
Computer Scoring

**Gate Fee:** \$8.00 per person/per session. Purchase online at [www.gofan.co](http://www.gofan.co)  
No Cash

**Meet Host:** East River High School

**Administrator:** Brittney Scott

**Eligibility:** All swimmers submitted on each team's Home Campus Roster that  
qualified to advance.

**Warm up:** Assignments will be made once entries are submitted.

**Order of Events:**

Girls	Event	Boys
1	200 Medley Relay	2
3	200 Free	4
5	200 IM	6
7	50 Free	8
<i>15-minute break*</i>		
11	100 Fly	12
13	100 Free	14
15	500 Free	16
17	200 Free Relay	18
<i>10-minute break</i>		
19	100 Back	20
21	100 Breast	22
<i>5-minute break</i>		
23	400 Free Relay	24

**Seeding:** Timed finals slowest to fastest using 8 lanes

**Scoring:** Individual: 20, 17,16,15,14,13,12,11,9,7,6,5,4,3,2,1  
Relay: 40, 34,32,30,28,26,24,22,18,14,12,10,8,6,4,2

**Awards:** Girls Team Champion, Boys Team Champion  
Girls Team Runner up, Boys Team Runner up

- Entries:** There is a team entry limit of four (4) swimmers/divers per individual event. Each school is allowed to enter one (1) relay team per relay event. Each athlete is limited to entering four events, no more than two of which may be individual events.
- Entry Deadline:** The Meet Entry File is due to [meetsupport@accurateswimtiming.com](mailto:meetsupport@accurateswimtiming.com) by Sunday October 22 BY 5:00 pm. Head coaches will be sent an email confirmation upon receipt of entries.
- Entry Notes:** Coaches should enter swimmers/relays with best yard times, or NT. Coaches are required to send all swimming and diving entries using HY-TEK software. Coaches are asked to use the provided meet entry file. It may be obtained from Ben Brewer.
- Entry Fees:** Checks shall be made payable to East River High School and can be mailed to:  
East River High School  
650 E River Falcons Way  
Orlando, FL 32833
- Psych/Heat Sheets:** Once entries are processed, the Psych Sheet will be sent to the coaches for review. No changes to events may be made once the Psych Sheet has been published, unless clerical in nature. The Heat Sheet will be distributed via email to head coaches.
- Deck entries:** Deck entries are not allowed for this meet.
- Timers:** Each School will provide 2 timers. Timers will be admitted free of charge. NTC will provide all timer equipment and lap counters. Please email your volunteer list to Ben Brewer at [Benjamin.brewer@ocps.net](mailto:Benjamin.brewer@ocps.net) so that we can make sure they do not have to pay at the gate.
- Awards:** Trophies will be provided for the first-place Boys team and the first-place girls team.
- Coaches Meeting:** Coaches and captains meeting will be held during warm-ups and run by the Meet Referee. Meeting times will be announced at the meet.
- Gate Openings and Admission Fee:** Spectator gate will open at 8:00. Admission is \$8.00 per spectator, and tickets must be purchased in advance at Go Fan ([www.gofan.co](http://www.gofan.co)).

**Jury of Appeals:** Head coaches from East River, Lyman, Edgewater, and Winter Springs.

**Camera Zones:** Per FHSAA, meet management shall designate and inform the public of 'Camera Zones' at each meet where both still photography and video photography of a race or competitor in a race may be taken. Acceptable 'Camera Zones' may include but are not limited to the side course of a pool, team gathering areas, concession area, and turn-end of the pool when not in use as the start end. Meet management shall also designate 'No Camera Zones'. Under NO circumstances will camera zones include the area immediately behind the starting blocks at either end of the racing course while they are in use for 'race starting purposes' during competition and warm up. No camera zones also include locker rooms, restrooms, or any other dressing area.

**Any individual failing to abide by this rule could be subject to the FHSAA Code of Conduct violation.**