



SOUTHERN ZONE

AGE GROUP SWIMMING

CODE OF CONDUCT

The following code is in effect throughout the 2025 Southern Zone Age Group Championships. Anyone who, in the opinion of the individual LSC coaching staff for this meet, acts in a manner that would interfere with the travel objectives listed below, will be subject to immediate return home (at the expense of the parent and/or swimmer) and other punishments including barring from future LSC trips or competition may be imposed.

- 1. The LSC may travel as a team to these meets and everyone is expected to behave in an exemplary manner. The reputation of the LSC, as well as the other athletes with you, is dependent on your behavior.*
- 2. The LSC coaching staff holds the final word on any rules, regulations or disciplinary actions.*
- 3. A. The consumption or purchase of alcohol, smoking or chewing tobacco, or any use of other illegal drug or substance of any kind will no be allowed. In addition, any member found or suspected of being in the presence of others (regardless of team affiliation) participating in any of the above activities will be subject to the same punishments and probable expulsion from the LSC Zone Team. Any swimmer suspected of such activity will appear before a review committee composed of the LSC coaching staff and the Zone Team captains.*
B. Use of inappropriate language, including obscene language or gestures or any other threatening language or conduct will not be tolerated while traveling with the LSC Zone Team.
- 4. At no time will male and female athletes be in the same hotel room together. This applies to your LSC Zone Team members and members of any other LSC Zone Team.*
- 5. No team meetings or practices may be missed without the permission of the LSC Zone Team Head Coach. Be punctual to all meetings and warm-up times.*
- 6. No team members may be out of their room after the assigned curfew time, and no one may leave their room alone. Permission must be obtained from the LSC coaching staff or designated chaperones to leave the room.*
- 7. Any damage or thievery incurred at a hotel will be at the expense of the swimmers assigned to that room, and further disciplinary action will be taken. No loud or boisterous behavior will be tolerated in the hallways or public areas, and such behavior should be kept to a minimum in your room.*
- 8. Any individual damage or thievery incurred on the trip will be at the expense of the swimmer at fault and disciplinary action will be taken. Such behavior will not be tolerated.*
- 9. All team members will be polite in restaurants and other public places visited. Leave a 15% tip (minimum). If there is a problem with the service, see the LSC coaching staff.*
- 10. Agree to follow these and other rules having to do with athlete behavior and the LSC Zone Team as established by the LSC and the LSC coaching staff.*
- 11. I recognize my responsibility to abide by these rules and requirements and those of the LSC Zone Team I am representing, and I acknowledge that I have received and read such.*

SWIMMER's PRINTED NAME _____ DATE _____

SWIMMER's SIGNATURE _____ DATE _____

LSC ZONE TEAM HEAD COACH's SIGNATURE _____

