



SOUTHERN ZONE MICROPHONE



SOUTHERN ZONE AGE GROUP CHAMPIONSHIP MEET

ISSUE ZERO.

TUESDAY, JULY 29, 2025

Welcome to Orlando for the 2025 45th Annual Southern Zone Age Group Championship Swim Meet. Since this meet began in 1980 in Dallas, Texas, USA Swimming has overseen the Zone Championship Meet and its evolving structure. This year the organizing committee under the leadership of Meet Director Mike Brady has some Epic adventures ahead for all participating LSCs.

Now in your hands is the template of our daily newsletter that will be posted on our website throughout the meet to keep everyone abreast of the meet highlights. This is YOUR newsletter and we want to hear what you feel are the some of your LSCs highlights.

We will be including the top performances from the previous day in each issue along with the following:

- ♦ Team Scores
- ♦ Record Setting Swims
- ♦ New Qualifying Swims
- ♦ Photos (submitted by YOU!)
- ♦ Quotes Overheard On The Deck
- ♦ Coaching Staff Photo
- ♦ Meet Official Highlight
- ♦ Disability Swim Of The Day
- ♦ Best Team Shirt Of The Day
- ♦ Best Team Spirit Of The Day

Send in Submissions No Later Than 10pm to:

01silversurfer@bellsouth.net and we will get the results out the next day. We hope the meet is a huge success for all participants. Remember to stay well hydrated and let us know if you have questions throughout the week.

Jonathan Watson
SZ Age Group Chair



Submit your LSC top performers. Include the event, time and meet qualified for with the name of the swimmer and we will highlight these each day. Might be a great job for the Team Captains!



I'll be coming around to get photos and names of staff coaches during the meet. The photos will be included each day throughout the meet.

Who's got Spirit?!? Send in your LSC's vote each day and we will announce a daily winner! We will do the same thing for the best Disability swim of the Day and the Best T-shirt of the



SOUTHERN ZONE RESULTS

- ★ Top-3 Finishers
- ★ LSC Scores
- ★ Record Breakers