



SOUTHERN ZONE MICROPHONE



SOUTHERN ZONE AGE GROUP CHAMPIONSHIP MEET ISSUE TWO. FRIDAY, JULY 31, 2025

Swimmers Continue To Impress...

Swimmers from across the Southern Zone continued to battle for positions in finals on Day 2, and despite the above average air temperatures, the swimmers powered through great swims. Thursday saw the first Zone Meet record tumble both in prelims and again in finals. South Texas swimmer, Edmond Reynolds (age 14), broke the 13-14 Boys 100m Breaststroke Meet Record set in 2010 by future Georgia Olympian Gunnar Bentz. Reynolds swim was also a Futures cut.

Speaking of Futures qualifying times, there were 14 of them achieved by swimmers in the meet yesterday (see results info that follows).

A relay record also fell last evening as Flori-

da's 11-12 Boys 200m Freestyle "A" Relay team swam a 1:45.78 to better the former record set by Georgia in 2015 by just under a second. Setting meet records in this meet is quite the accomplishment when you consider that the meet had for a period of time allowed swimmers with times up to the National Qualifying time to participate in this meet.

A highlight of the meet today was the Athlete's Parade that took place just before finals. Each LSC Zone Team marched into the facility adopting the Epic Fun meet theme and it did not disappoint. Lot's of characters from Nintendo and Harry Potter, Dragons and Dinosaurs were spotted among the athletes and coaches representing their individual Zone Teams.

As we near the halfway point of the meet, stay hydrated and spirited and be prepared for Day 3!

Southern Zone Inclusion Is A Tradition

For more than twenty years now, the Southern Zone Age Group Championship Meet has offered the opportunity for athletes with a disability (some of whom prefer the term "differently abled") to come together in a season ending competition with their friends from around the southeast. Such was the case for 13-year old Lily Light from Winter Haven, FL when she found out just over two weeks ago that she would have a spot on the Florida Zone Team. This is her first-ever Zone competition though she has been swimming competitively since age nine. When you speak with Lily, you are immediately

struck by how incredibly positive a friendly she is. You see she is partly blind in one eye and has some difficulties with the other. When we spoke today, she had just completed her finals swim in the 200m Freestyle. "I don't like to concentrate my thoughts on beating others," said Light, "I just want to try to better my own time. Somebody told me this once and although I don't remember who told me, I think it's how I want to race."

Light is one of just 12 "differently-abled" athletes in the meet this year even though every LSC is allowed to invite up to six athletes classified as disabled. I asked Lily if she was enjoying her first time at the meet and got a big smile and an, "I'll be back!" If you get the chance to introduce yourself to one of these amazing 12 athletes, do it! Cheer them on and let them know the many things you have in common.



Kate Alexander (15-18, STX)
Landon Baker (13-14, WTX)
Maci Columbia (15-18, NC)
Oliver Coombes (13-14, FL)
Sam Friedman (13-14, FL)
Jayden Garcia (13-14, BD)
Claire Gunter (11-12, FL)

Chloe Levergne (13-14, NC)
Lily Light (13-14, FL)
Logan Stephenson (13-14, FL)
Wyatt Ruley (11-12, KY)



qz

Southern Zone Age Group Championship

MEET RESULTS

EVENT 11—13-14 GIRLS 200M FREESTYLE

1. Charissa Higgs	STX	2:07.84
2. Mary Louis Russ	MS	2:07.88
3. Chandler Daigle	NC	2:09.02
4. Keira Druck	FL	2:09.52
5. Grace Goodman	FL	2:10.27
6. Amelia Peterson	NC	2:10.47
7. Charlotte Weeter	GA	2:12.69
8. Melissa Ramos	FG	2:13.48



EVENT 12 — 13-14 BOYS 200M FREESTYLE

1. Andrew Kruger	KY	1:56.37
2. Oliver Lin	GA	2:00.39
3. Gavin Jackson	KY	2:00.58
4. Rhett Cox	STX	2:01.06
5. Jack Reburn	FL	2:01.18
6. Davis Miller	NC	2:01.20
7. Drew Bedsole	SE	2:01.23
8. Steven Zhou-He	NC	2:01.87

FUTURES



EVENT 13 — 11-12 GIRLS 200M FREESTYLE

1. Sarah Fiama	FL	2:10.94
2. Millie Conner	SC	2:12.73
3. Penelope Chao	NC	2:13.40
4. Abi Cowart	STX	2:15.44
5. Quinn Fleming	GA	2:16.39
6. Ellen Layton	NC	2:16.66
7. Warren Hawkins	GA	2:16.87
8. Ainsley LeVoy	FL	2:18.57



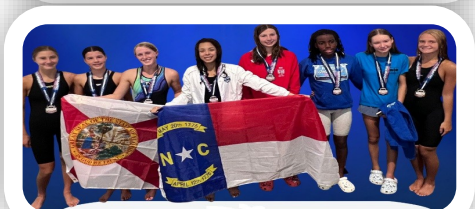
EVENT 14 — 11-12 BOYS 200M FREESTYLE

1. Alex Kirsling	STX	2:05.56
2. Calan Buss	SC	2:07.31
3. Janiel Espinosa	FG	2:07.68
4. Michael White	NC	2:08.24
5. John Lee	NC	2:08.49
6. Oscar Lans-Mendoza	FG	2:10.49
7. Cole Johnson	NC	2:12.74
8. Martin Valera	FL	2:12.87



EVENT 15 — 13-14 GIRLS 100M BREASTSTROKE

1. Payton Horner	GA	1:13.82	FUTURES
2. Lily Vicknair	SE	1:15.01	FUTURES
3. Elissa Deal	KY	1:16.08	
4. Mia Lang	NC	1:16.72	
5. Evie Carnathan	FL	1:16.75	
6. Julia Muse	SE	1:16.79	
7. Christie Ann Lumsden	FG	1:16.87	
8. Margaret Verina	FG	1:18.28	



It's A 3-way tie between MS, LA and KY!



qz

Southern Zone Age Group Championship

MEET RESULTS

EVENT 16—13-14 BOYS 100M BREASTSTROKE

1. Edmond Reynolds	STX	1:05.08*	NEW ZONE RECORD! FUTURES
2. Nikolay Chernev	GA	1:06.04	FUTURES
3. Ty Rice	KY	1:06.76	FUTURES
4. Bodhi Cummins	NC	1:09.42	
5. Anderson Attmore	SE	1:10.19	
6. Dylan Phan	STX	1:10.38	
7. Mason Spurgeon	SC	1:10.45	
8. Chase Gray	NC	1:11.09	



EVENT 17 — 11-12 GIRLS 50M BREASTSTROKE

1. Vivian Hughes	FL	34.84	
2. Charlotte Pruce	SE	35.22	
3. Karli Branon	FL	34.60	
4. Katharine Cramer	SC	35.92	
5. Juliet Christopherson	NC	36.53	
6. Lucy Griego	STX	36.57	
7. Tessa Jeltima	NC	36.78	
8. Penelope Chao	NC	37.22	



EVENT 18 — 11-12 BOYS 50M BREASTSTROKE

1. John Kucek	GA	33.24	
2. Hank Jones	STX	33.37	
3. Liam Wang	FL	34.13	
4. Cole Bathurst	FL	34.23	
5. Walker Pridgen	SE	35.02	
6. Aiden Childs	FL	35.12	
7. Cole Johnson	NC	35.30	
8. Santiago Quevedo	BD	35.70	



EVENT 19 — 13-14 GIRLS 100M BACKSTROKE

1. Amelia Meehan	SC	1:05.16	FUTURES
2. Mary Louis Russ	MS	1:06.62	FUTURES
3. Audrey Simmons	NC	1:06.74	FUTURES
*4. McKenzie Baur	FG	1:06.77	FUTURES
*4. Maimuna Bello	GA	1:06.77	FUTURES
6. Carrigan Banks	GA	1:07.77	
7. Bailee Ball	SC	1:07.83	
8. Eleanor Donovan	NC	1:08.07	



EVENT 20 — 13-14 BOYS 100M BACKSTROKE

1. Jesse Cyrus	NC	1:00.51	FUTURES
2. Logan Patterson	SC	1:01.46	
3. Yufei Wang	FL	1:02.99	
4. Maxwell Goreshnik	GA	1:03.24	
5. Trent Holland	KY	1:03.35	
6. Jason Pron	NC	1:03.79	
7. Slater Spencer	NC	1:03.79	
8. Nicolas Ilonta	FG	1:03.89	





qz

Southern Zone Age Group Championship

MEET RESULTS

EVENT 21—11-12 GIRLS 50M BACKSTROKE

1. Gwen Fox	FL	31.50
2. Gia Saragossi	NC	31.89
3. Eden Grizzard	GA	32.00
4. Millie Conner	SC	32.29
5. Camelia Moore	GA	32.56
6. Abi Cowart	STX	32.73
7. Vivian Hughes	FL	32.75
8. Claire Higgins	NC	32.96



EVENT 22 — 11-12 BOYS 50M BACKSTROKE

1. Bowen Hallenborg	NC	30.02
2. Keaton Hubbard	SE	30.64
3. Calan Buss	SC	30.70
4. Robert Knyazev	FG	31.09
5. Santiago Quevedo	BD	31.21
6. Gavin Chen	SE	31.29
7. Nate Smith	NC	31.61
8. Cole Bathurst	FL	31.72



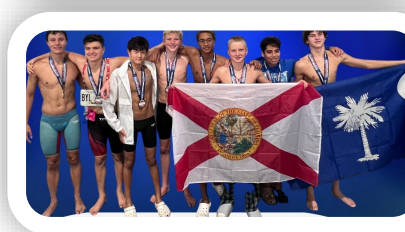
EVENT 23 — 13-14 GIRLS 400M INDIVIDUAL MEDLEY

1. Sarah Harter	NC	5:05.84	FUTURES
2. Lucy Hefner	NC	5:07.55	
3. Liana Marek	STX	5:09.62	
4. Charlotte Good	SC	5:09.79	
5. Sutton Alexander	SC	5:14.79	
6. Charissa Higgs	STX	5:15.50	
7. Brenna Kagels	FL	5:16.38	
8. Bella Kallus	STX	5:19.69	



EVENT 24 — 13-14 BOYS 400M INDIVIDUAL MEDLEY

1. Andrew Kruger	KY	4:37.74	FUTURES
2. Nikolay Chernev	GA	4:43.61	
3. Steven Zhou-He	NC	4:46.38	
4. Edmond Reynolds	STX	4:49.52	
5. Ivan Maslianyi	FL	4:50.86	
6. Rhett Cox	STX	4:51.79	
7. Parker Hightower	SC	4:51.99	
8. Noah Mejias	FG	4:52.56	



EVENT 25 — 11-12 GIRLS 200M FREESTYLE RELAY

1. NORTH CAROLINA-A	NC	1:53.44
2. GEORGIA-A	GA	1:53.51
3. FLORIDA-A	FL	1:53.67
4. SOUTHEASTERN-A	SES	1:55.73
5. FLORIDA-B	FL	1:56.09
6. SOUTH CAROLINA-A	SC	1:56.13
7. FLORIDA GOLD-A	FG	1:56.68
8. SOUTH TEXAS-A	STX	1:57.35

EVENT 26 — 11-12 BOYS 200M FREESTYLE RELAY

1. FLORIDA-A	FL	1:45.78*	NEW ZONE RECORD!
2. NORTH CAROLINA-A	NC	1:46.98	
2. FLORIDA GOLD-A	FG	1:50.80	
4. SOUTH CAROLINA-A	SC	1:50.81	
5. NORTH CAROLINA-B	NC	1:51.48	
6. FLORIDA GOLD-B	FG	1:52.94	
7. SOUTHEASTERN-A	SES	1:53.15	
8. GEORGIA-A	GA	1:53.45	

HAPPY BIRTHDAY to SC swimmer, Calen Buss who turns 13 today. Last Night Calen lead off the SC 200m Free Relay breaking the SC State Record in the 11-12 Boys 50m Free. Congrats, Calen!



qz

Southern Zone Age Group Championship

MEET RESULTS

EVENT 27—13-14 GIRLS 200M FREESTYLE RELAY

1. SOUTHEASTERN-A	SES	1:49.24
2. NORTH CAROLINA-A	NC	1:49.89
3. GEORGIA-A	GA	1:50.93
4. FLORIDA GOLD-A	FG	1:51.13
5. FLORIDA-A	FL	1:51.17
6. SOUTH TEXAS-A	STX	1:51.62
7. SOUTHEASTERN-B	SES	1:52.28
8. NORTH CAROLINA-B	NC	1:52.32

EVENT 28 — 13-14 BOYS 200M FREESTYLE RELAY

1. KENTUCKY-A	KY	1:40.00
2. NORTH CAROLINA-A	NC	1:40.93
3. GEORGIA-A	GA	1:41.05
4. SOUTHEASTERN-A	SES	1:41.60
5. SOUTH TEXAS-A	STX	1:41.76
6. LOUISIANA-A	LA	1:42.75
7. FLORIDA-A	FL	1:43.11
8. NORTH CAROLINA-B	NC	1:43.74

AS SEEN ON DECK (if only we had a **Zone Drone!**)



What is he **thinking?**



Many thanks to all of our meet timers! You showed us how to beat the heat!
















**OFFICIAL'S
CORNER**

**TEAMWORK
MAKES THE DREAM WORK**



DAY TWO TEAM STANDINGS

1	 NORTH CAROLINA	1,311
2	 FLORIDA	1,047
3	 SOUTH TEXAS	729.5
4	 GEORGIA	676.5
5	 SOUTHEASTERN	651.5
6	 SOUTH CAROLINA	633
7	 FLORIDA GOLD COAST	598.5
8	 KENTUCKY	362
9	 LOUISIANA	108
10	 MISSISSIPPI	79
11	 BORDER	52
12	 WEST TEXAS	3
13	 WEST VIRGINIA	1

ZONE STAFF PHOTOS

FLORIDA GOLD COAST

BORDER



Left to Right: Patricia Casellas, Hannah Mattin, Brittany Bellomo, Jennifer Gibson, Daniel Asencio, and Jessica Rodriguez.



Back Row L-to-R: Joseph Magallanes, Noah Hernandez, Manny Griego, and Ray Rodriguez. Front Row L-to-R: Gethsemane Acosta Drury, Alyssa Ramos, Mikaela Soto-Ruiz, and Aubrey Reha.

SOUTHEASTERN

GEORGIA



Left to Right: Bakari Williams, Michael Bottchen, Orrin Withrow, Sydney Clinton, Felipe Cortes, and Rosie Gary.



Left To Right:

ZONE STAFF PHOTOS

NORTH CAROLINA LOUISIANA



Left to Right: Louisa Raisbeck, Amy Faulk, Gavin Spake, Harrison Gibson, Pierce Bradshaw, Briley Penner, Ava Shigur, and Shawn Columbia.



Left to Right: Kyle Kieronski, Jake Steib, Rocky Smith, and Laura Fox.

THE PARADE



REMINDERS FOR DAY 3—FRIDAY:

- ★ If every assigned LSC could provide 3 timers each session we could have relief timers and the ability to rotate them for breaks. The timers need to be in briefing room by 8am.
- ★ Assigned LSCs for timing Friday prelims are in the Group Me app.
- ★ 400m Free is a timed final event with the top-8 swimmers in finals.
- ★ Prelims start at 8:30am. Finals begin at 5:30pm.
- ★ Relay cards for the 200m Medley Relays are due by 1:00pm.
- ★ All Disability Athletes will have finals and score points for their LSC. See Rayleen Soderstrom for placement in finals.
- ★ If a tie for finals occurs in the preliminaries, go to the Admin Table to schedule a swim-off. If a DQ is called, please send one coach only to investigate the reason for the call.