

Florida Long Course Winter Invitational - 2/13/2026 to 2/15/2026**Session Report**

Session: 1 FRIDAY PM SESSION

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Starts at	
Finals	1 Girls 50 Backstroke	05:00 PM	_____
Finals	2 Boys 50 Backstroke	05:07 PM	_____
Finals	3 Girls 800 Freestyle	05:13 PM	_____
Finals	4 Girls 50 Breaststroke	05:34 PM	_____
Finals	5 Boys 50 Breaststroke	05:39 PM	_____
Finals	6 Boys 800 Freestyle	05:46 PM	_____
Finals	7 Girls 50 Butterfly	06:25 PM	_____
Finals	8 Boys 50 Butterfly	06:32 PM	_____
	Swimmers Counts for Warm-ups: 202		
	Finish Time	06:40 PM	_____

Session: 2 SATURDAY AM SESSION

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Starts at	
Finals	9 Girls 100 Backstroke	09:00 AM	_____
Finals	10 Boys 100 Backstroke	09:08 AM	_____
Finals	11 Girls 200 Freestyle	09:19 AM	_____
Finals	12 Boys 200 Freestyle	09:39 AM	_____
Finals	13 Girls 200 Breaststroke	10:02 AM	_____
Finals	14 Boys 200 Breaststroke	10:16 AM	_____
Finals	15 Girls 400 IM	10:35 AM	_____
Finals	16 Boys 400 IM	10:53 AM	_____
	Swimmers Counts for Warm-ups: 220		
	Finish Time	11:21 AM	_____

Session: 3 SATURDAY PM SESSION

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Starts at	
Finals	17 Girls 100 Butterfly	05:00 PM	_____
Finals	18 Boys 100 Butterfly	05:10 PM	_____
Finals	19 Girls 200 IM	06:25 PM	_____
Finals	20 Boys 200 IM	06:44 PM	_____
Finals	21 Girls 400 Freestyle	07:07 PM	_____
Finals	22 Boys 400 Freestyle	07:28 PM	_____
Finals	23 Girls 50 Freestyle	07:58 PM	_____
Finals	24 Boys 50 Freestyle	08:06 PM	_____
	Swimmers Counts for Warm-ups: 225		
	Finish Time	08:14 PM	_____

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Session: 4 SUNDAY AM SESSION

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Starts at	
Finals	25 Girls 200 Backstroke	09:00 AM	_____
Finals	26 Boys 200 Backstroke	09:10 AM	_____
Finals	27 Girls 100 Breaststroke	09:26 AM	_____
Finals	28 Boys 100 Breaststroke	09:35 AM	_____
Finals	29 Girls 200 Butterfly	09:47 AM	_____
Finals	30 Boys 200 Butterfly	09:57 AM	_____
Finals	31 Girls 100 Freestyle	10:12 AM	_____
Finals	32 Boys 100 Freestyle	10:27 AM	_____
	Swimmers Counts for Warm-ups: 230		
	Finish Time	10:40 AM	_____