2026 FHSAA CLASS 1A DISTRICT 5
Swimming & Diving Championships

Wednesday, October 28, 2026 | Hosted by Holy Trinity Episcopal Academy

MEET OVERVIEW

Sanction / Meet Type	Florida High School Athletic Association (FHSAA) **USA Swimming Observed Meet** - USA Swimming observed-meet paperwork/information to follow. 25-yard Short Course Timed Finals
Location	**Rosen Aquatic Center** 8422 International Drive Orlando, FL 32819
Date & Time	**Wednesday, October 28, 2026** Swimming warm-up: 9:00 AM | Meet start: 10:00 AM Diving warm-up: 9:00 AM | Meet start: 10:00 AM
Pool / Medical	Certified outdoor 25-yard pool with eight competition lanes, starting blocks and separate warm-down lanes. Separate diving well with 1-meter and 3-meter Duraflex boards. Lifeguards on duty and AED available.
Timing	Colorado timing system / GEN 7 system operated by Accurate Swim Timing.

ELIGIBILITY & ENTRY LIMITS

Eligible athletes must be on the team's FHSAA Home Campus roster. Entries must be submitted as a Hy-Tek entry file. There is a limit of four swimmers/divers per individual event and one relay team per relay event. Each athlete may enter a maximum of four events, no more than two of which may be individual events. Deck entries are not allowed.

For USA Swimming athletes who want times entered into SWIMS, include the current 14-character USA Swimming ID in the entry file.

MEET OFFICIALS

Role	Name	Contact / Organization
Meet Referee	JB Smith	**jbsmithiup@gmail.com**
Admin Official	Quinn Sampson	Accurate Swim Timing **info@accurateswimtiming.com**
Dive Referee	Jaq Horne	Orlando Dive Academy **orlandodiveacademy@gmail.com**
Meet Director	Tiffany DeAngelis	Holy Trinity tiffany.deangelis@fac.htes.org

ENTRIES & FEES

School Entry Fee: CHecks payable to Holy Trinity . Final entry-fee information will be provided to participating schools.

Hy-Tek Entry Deadline	**5:00 PM Wednesday, October 21, 2026**
Submit Entries To	**entries@accurateswimtiming.com**
Important Email Note	Schools are encouraged to send the entry email from a personal email address because some school email systems may block outgoing ZIP attachments.
Late Entries	**NO LATE ENTRIES WILL BE ACCEPTED.**
Divers	All divers must also be listed in the school's Hy-Tek entry file.

SCRATCHES / PSYCH SHEETS

A competitor who fails to compete (no show) in an event in which they are officially entered may be disqualified from further competition in the state series unless the failure to compete is due to a medical reason certified by an appropriate medical professional and declared to the Meet Referee in advance of the event. Per FHSAA, there are no declared false starts at this meet.

Once entries are processed, the psych sheet will be sent to coaches for review. Event changes may not be made after the psych sheet is distributed except for clerical corrections.

SCORING & ADVANCEMENT

Individual: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
Relays: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

Advancement to the Regional meet will follow the FHSAA Swimming & Diving Sport Manual.

DIVING INFORMATION

Diving will run concurrently with swimming. Divers will perform 11 dives in accordance with NFHS/FHSAA requirements.

DiveLive	Dive sheets will be submitted through the **DiveLive** platform. Most divers may already have an account. Coaches without access should apply in the app to claim their high school as early as possible; approval may take a couple of days.
Dive Sheet Deadline	**Sunday night, October 25, 2026**. Divers must download the DiveLive app and submit their dive sheets by this deadline to compete Wednesday.
Assistance	Detailed instructions for new users will be included with the meet packet. Contact the Meet Director for additional assistance with DiveLive registration or dive-sheet submission.
Changes	Changes to dive sheets are permitted up to 60 minutes before the start of diving. Corrections of errors noted by the diving referee are permitted until the start of competition.
Dive Referee	**Jaq Horne - Orlando Dive Academy** orlandodiveacademy@gmail.com
Judges	One panel of five judges. Participating high-school dive coaches will make up the panel. **No parents will be allowed to judge.**

DIVING FORMAT

Preliminary Round: 2 voluntary dives and 3 optional dives
Semifinal Round: 2 voluntary dives and 1 optional dive
Final Round: 1 voluntary dive and 2 optional dives

Each listed optional dive must represent all five diving categories. Divers must meet NFHS standards and FHSAA Swimming & Diving Manual requirements.

MEET OPERATIONS

Timers	All participating schools are asked to provide **2 lane timers**. Timer briefing is at **9:40 AM** on the pool deck. Please email parent volunteer names to Tiffany DeAngelis no later than Wednesday, October 21.
Coaches Meeting	Mandatory coaches meeting at **9:30 AM** in the hospitality area or designated pool-deck area.
Captains Meeting	Mandatory captains meeting at **9:40 AM**, immediately following the coaches meeting.
Hospitality	Hospitality will be provided for coaches and officials.
Awards	Championship and Runner-Up trophies will be awarded to the top two schools for boys and girls. Ribbons will be awarded to the top eight individuals and top eight relays.
Rules	NFHS Swimming & Diving Rules as amended by FHSAA will govern the meet. USA Swimming rules will govern USA Swimming athletes where applicable.

SPECTATOR & TEAM INFORMATION

Spectator Gate	Opens at 9:00 AM.
Admission	$8 per spectator. Tickets will be purchased through the meet GoFan link. Armbands will be distributed when tickets are redeemed. **No cash will be accepted at the gate.**
T-Shirts	**Northwest Designs** will sell meet T-shirts. Please make sure athlete names are entered in Home Campus for printing on the back of the shirts.
Coaches Packet	Each team will receive an envelope with heat sheets, relay cards, and wristbands for coaches and volunteers.
Camera Zones	No pictures are permitted behind the starting blocks or diving boards, or in locker rooms/changing areas. All photographers must follow FHSAA no-camera-zone requirements.

PARTICIPATING SCHOOLS

Brevard HEAT (Palm Bay) • Calvary Chapel (West Melbourne) • Cocoa Beach • Edgewood (Merritt Island)
Florida Prep (Melbourne) • Holy Trinity (Melbourne) • Melbourne Central Catholic • West Shore (Melbourne)

ORDER OF EVENTS

Girls	Event	Boys
1	200 Medley Relay	2
3	200 Freestyle	4
5	200 Individual Medley	6
7	50 Freestyle	8
9	1 Meter Diving **	10
	15 Minute Break	
11	100 Butterfly	12
13	100 Freestyle	14
15	500 Freestyle	16
17	200 Freestyle Relay	18
	10 Minute Break	
19	100 Backstroke	20
21	100 Breaststroke	22
	5 Minute Break	
23	400 Freestyle Relay	24

** Diving will run concurrently with swimming.